

## Retreat Schedule

### 2021 Session Dates

January 10 - 28

February 28 — March 18

May 9 — 27

June 27 — July 15

August 22 — September 9

October 24 — November 11

\*The 10 – DAY Session may be schedule in any time during the year. It begins on the same day as the 18 days.

For more information contact:

Better Living Retreat

P. O. Box 853

Camden, Tennessee 38320

731-584-2153

[www.christianhealtheducation.com](http://www.christianhealtheducation.com)

E-mail: [betterliving@christianhealtheducation.com](mailto:betterliving@christianhealtheducation.com)

\*\* Credit/Debit Card payment, add 3% to amount.

\*\*\*This discount applies only to the full 10 & 18-day sessions

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## BETTER LIVING RETREAT

### *Suggested RETREAT Donations\*\**

10-DAY Session\* \$2295.00 \$500.00 Deposit

18-DAY Session \$3795.00 \$500.00 Deposit

Additional **DISCOUNT** is offered for more than one family members. The above rate is discounted from \$275.00/day to less than \$230.00/day for the full 10 or 18-days sessions.\*\*\*

Our sessions (*see dates*) are designed to meet the needs of adults and children. To attend any of the sessions, the above deposit should be received no later than two weeks before the session begins, or you may not be accepted in the session or a late registration fee may be required. The deposit should be mailed with the completed Health Questionnaire (6 pages) and any other information about yourself that would be helpful.

All participants should arrive on Sunday between 2:30 and 4:00 p.m. Orientation begins at 4:00 p.m. The 10-days program ends on the Wednesday after lunch and the 18-days ends on Thursday before noon. Retreat is two hours away from the nearest airport, Nashville International, so pickup service is available.

We encourage participants to bring a Bible, walking shoes, outdoors garments, a casual wear, his or her own towel and other personal items. Please do not bring any shorts to wear, laptop, tablets/iPad or or anything to engage your mind into business. Cell phone usage is not permitted until after 6:30 p.m; no negative/stressful conversation should be engaged while you're here.

Please bring all medications and supplements that you are presently taking or make a detail list of the supplements. Do not come with the intention of carrying on any business affair while you are here.